SCOTTISH ATHLETICS INDOOR LEAGUE

Session	A.M.
Event	STANDINGS AFTER 2nd ROUNDS
Date	1st DECEMBER 2019
Venue	Emirates Arena, Glasgow

Posn	U11 Boys	Points
1	Giffnock North AC A	2.029
2	Ayr Seaforth AAC A	5.051
3	Giffnock North AC B	6.049
4	Motherwell AC A	10.074
5	Harmeny A	14.098
5	Helensburgh AAC A	14.098
7	Victoria Park City of Glasgow AC A	15.102
8	Cumbernauld AAC A	16.120
9	Harmeny B	19.135
10	Whitemoss AAC A	21.136
11	Livingston & District AAC A	21.170
12	Shettleston Harriers A	22.146
13	Whitemoss AAC B	25.173
14	Shettleston Harriers B	26.179
15	Kirkintilloch Olympians A	30.213
16	Cumbernauld AAC B	31.209
17	Team East Lothian B	31.231
18	Victoria Park City of Glasgow AC B	32.248
19	Team East Lothian A	33.220
20	Clydesdale Harriers A	35.264
20	Stewartry AC A	35.264

Posn	U13 Boys	Points
1	Giffnock North AC A	2.045
2	Giffnock North AC B	4.084
3	Victoria Park City of Glasgow AC A	6.110
4	Victoria Park City of Glasgow AC B	11.136
5	Team East Lothian A	14.154
6	Ayr Seaforth AAC A	14.161
7	Cumbernauld AAC A	17.152
8	Shettleston Harriers A	17.173
9	Harmeny B	18.167
10	Harmeny A	21.180
11	Greenock GlenPark 'A'	21.185
12	Livingston & District AAC A	21.191
13	Helensburgh AAC B	23.204
14	Stewartry AC A	29.224
15	Whitemoss AAC A	31.218
16	Shettleston Harriers B	31.219
17	Whitemoss AAC B	35.235
18	Cumbernauld AAC B	37.241
19	Helensburgh AAC A	37.243
20	Clydesdale Harriers A	37.244
21	Livingston & District AAC B	38.243
22	Ayr Seaforth AAC B	43.266
23	Clydesdale Harriers B	45.277
24	Motherwell AC A	48.332
25	Kirkintilloch Olympians A	49.358

Posn	U15 Boys	Points
1	Giffnock North AC A	3.067
2	Team East Lothian A	5.086
3	Giffnock North AC B	7.112
4	Ayr Seaforth AAC A	8.119
5	Clydesdale Harriers A	8.121
6	Victoria Park City of Glasgow AC A	13.137
7	Cumbernauld AAC A	14.145
8	Helensburgh AAC A	17.158
9	Shettleston Harriers A	17.163
10	Cumbernauld AAC B	22.178
11	Harmeny A	22.193
12	Victoria Park City of Glasgow AC B	24.199
13	Motherwell AC A	25.211
14	Ayr Seaforth AAC B	26.210
15	Helensburgh AAC B	30.236
16	Livingston & District AAC A	30.237
17	Team East Lothian B	35.272
18	Kirkintilloch Olympians A	38.321
19	Shettleston Harriers B	40.336
20	Stewartry AC A	40.338
21	Whitemoss AAC A	40.339
22	Kirkintilloch Olympians B	40.345

Posn	U17 Men	Points
1	Giffnock North AC A	2.047
2	Cumbernauld AAC A	5.064
3	Victoria Park City of Glasgow AC A	5.076
4	Victoria Park City of Glasgow AC B	10.128
5	Team East Lothian A	10.130
6	Ayr Seaforth AAC A	13.143
7	Livingston & District AAC A	13.150
8	Giffnock North AC B	15.164
9	Helensburgh AAC A	18.186
10	Motherwell AC A	18.190
11	Livingston & District AAC B	24.236
12	Clydesdale Harriers A	25.245
13	Harmeny A	25.248
14	Cumbernauld AAC B	27.252
15	Shettleston Harriers A	30.274
16	Whitemoss AAC A	31.270
17	Kirkintilloch Olympians A	34.320
17	Shettleston Harriers B	34.320
17	Stewartry AC A	34.320

Posn	U20 Men	Points
1	Cumbernauld AAC A	3.068
2	Giffnock North AC A	4.068
3	Team East Lothian A	6.118
4	Victoria Park City of Glasgow AC A	8.113
5	Livingston & District AAC A	11.158
6	Livingston & District AAC B	15.183
7	Motherwell AC A	15.191
8	Clydesdale Harriers A	16.169
9	Victoria Park City of Glasgow AC B	17.205
10	Giffnock North AC B	21.239
11	Ayr Seaforth AAC A	22.240
12	Cumbernauld AAC B	24.226
13	Harmeny A	24.228
14	Shettleston Harriers A	25.252
15	Whitemoss AAC A	27.240
16	Kirkintilloch Olympians A	30.272

This years	Numbers	SAIL Teams AM		U11B	# Events	Penalties	Points	Rank
1	101	Ayr Seaforth AAC A	Ayr S A	30	6		30	3
2	102	Ayr Seaforth AAC B	Ayr S B					
3	103	Clydesdale Harriers A	C'dale A			132	132	19
4	104	Clydesdale Harriers B	C'dale B					
5	105	Cumbernauld AAC A	C'nauld A	19	4	44	63	10
6	106	Cumbernauld AAC B	C'nauld B			132	132	19
7	107	Team East Lothian A	Tm E Loth A	30	2	88	118	18
8	108	Team East Lothian B	Tm E Loth B	11	2	88	99	15
9	109	Giffnock North AC A	Giff N A	17	6		17	1
10	110	Giffnock North AC B	Giff N B	18	6		18	2
11	111	Harmeny A	Harm A	50	6		50	9
12	112	Harmeny B	Harm B	56	5	22	78	13
13	113	Helensburgh AAC A	Helen A	40	6		40	6
14	114	Helensburgh AAC B	Helen B					
15	115	Kirkintilloch Olympians A	Kirk O A	37	4	44	81	14
16	116	Kirkintilloch Olympians B	Kirk O B					
17	117	Livingston & District AAC A	Living A	38	6		38	5
18	118	Livingston & District AAC B	Living B					
19	119	Motherwell AC A	Moth A	47	6		47	7
20	120	Motherwell BC B	Moth B					
21	121	Shettleston Harriers A	Shett A	76	6		76	12
22	122	Shettleston Harriers B	Shett B	29	2	88	117	17
23	123	Stewartry AC A	Stew A			132	132	19
24	124	Stewartry AC B	Stew B					
25	125	Victoria Park City of Glasgow AC A	VPCG A	31	6		31	4
26	126	Victoria Park City of Glasgow AC B	VPCG B	28	2	88	116	16
27	127	Whitemoss AAC A	W'moss A	49	6		49	8
28	128	Whitemoss AAC B	W'moss B	75	6		75	11
		Total Teams		21				

Penalty Score		22	6	

Posn	U11 Boys	Points
1	Giffnock North AC A	17
2	Giffnock North AC B	18
3	Ayr Seaforth AAC A	30
4	Victoria Park City of Glasgow AC A	31
5	Livingston & District AAC A	38
6	Helensburgh AAC A	40
7	Motherwell AC A	47
8	Whitemoss AAC A	49
9	Harmeny A	50
10	Cumbernauld AAC A	63
11	Whitemoss AAC B	75
12	Shettleston Harriers A	76
13	Harmeny B	78
14	Kirkintilloch Olympians A	81
15	Team East Lothian B	99
16	Victoria Park City of Glasgow AC B	116
17	Shettleston Harriers B	117
18	Team East Lothian A	118
19	Clydesdale Harriers A	132
19	Cumbernauld AAC B	132
19	Stewartry AC A	132

Posn	U11 Boys	Points
1	Giffnock North AC A	2.029
2	Ayr Seaforth AAC A	5.051
3	Giffnock North AC B	6.049
4	Motherwell AC A	10.074
5	Harmeny A	14.098
5	Helensburgh AAC A	14.098
7	Victoria Park City of Glasgow AC A	15.102
8	Cumbernauld AAC A	16.120
9	Harmeny B	19.135
10	Whitemoss AAC A	21.136
11	Livingston & District AAC A	21.170
12	Shettleston Harriers A	22.146
13	Whitemoss AAC B	25.173
14	Shettleston Harriers B	26.179
15	Kirkintilloch Olympians A	30.213
16	Cumbernauld AAC B	31.209
17	Team East Lothian B	31.231
18	Victoria Park City of Glasgow AC B	32.248
19	Team East Lothian A	33.220
20	Clydesdale Harriers A	35.264
20	Stewartry AC A	35.264

This years	Numbers	SAIL Teams AM		U13B	# Events	Penalties	Points	Rank
1	101	Ayr Seaforth AAC A	Ayr S A	35	5	52	87	9
2	102	Ayr Seaforth AAC B	Ayr S B	33	3	104	137	21
3	103	Clydesdale Harriers A	C'dale A	92	6	26	118	16
4	104	Clydesdale Harriers B	C'dale B	114	6	26	140	22
5	105	Cumbernauld AAC A	C'nauld A	55	7		55	4
6	106	Cumbernauld AAC B	C'nauld B	68	5	52	120	17
7	107	Team East Lothian A	Tm E Loth A	38	5	52	90	10
8	108	Team East Lothian B	Tm E Loth B					
9	109	Giffnock North AC A	Giff N A	21	7		21	1
10	110	Giffnock North AC B	Giff N B	37	7		37	2
11	111	Harmeny A	Harm A	69	7		69	6
12	112	Harmeny B	Harm B	72	7		72	7
13	113	Helensburgh AAC A	Helen A	65	4	78	143	23
14	114	Helensburgh AAC B	Helen B	90	6	26	116	15
15	115	Kirkintilloch Olympians A	Kirk O A	20	1	156	176	25
16	116	Kirkintilloch Olympians B	Kirk O B					
17	117	Livingston & District AAC A	Living A	36	4	78	114	14
18	118	Livingston & District AAC B	Living B	24	3	104	128	20
19	119	Motherwell AC A	Moth A	72	4	78	150	24
20	120	Motherwell BC B	Moth B					
21	121	Shettleston Harriers A	Shett A	32	5	52	84	8
22	122	Shettleston Harriers B	Shett B	77	6	26	103	12
23	123	Stewartry AC A	Stew A	34	4	78	112	13
24	124	Stewartry AC B	Stew B					
25	125	Victoria Park City of Glasgow AC A	VPCG A	50	7		50	3
26	126	Victoria Park City of Glasgow AC B	VPCG B	61	7		61	5
27	127	Whitemoss AAC A	W'moss A	44	4	78	122	19
28	128	Whitemoss AAC B	W'moss B	17	3	104	121	18
29	129	Greenock GlenPark 'A'	GGPark A	65	6	26	91	11
		Total Teams		25				

Penalty Score		26	7			

Posn	U13 Boys	Points
1	Giffnock North AC A	21
2	Giffnock North AC B	37
3	Victoria Park City of Glasgow AC A	50
4	Cumbernauld AAC A	55
5	Victoria Park City of Glasgow AC B	61
6	Harmeny A	69
7	Harmeny B	72
8	Shettleston Harriers A	84
9	Ayr Seaforth AAC A	87
10	Team East Lothian A	90
11	Greenock GlenPark 'A'	91
12	Shettleston Harriers B	103
13	Stewartry AC A	112
14	Livingston & District AAC A	114
15	Helensburgh AAC B	116
16	Clydesdale Harriers A	118
17	Cumbernauld AAC B	120
18	Whitemoss AAC B	121
19	Whitemoss AAC A	122
20	Livingston & District AAC B	128
21	Ayr Seaforth AAC B	137
22	Clydesdale Harriers B	140
23	Helensburgh AAC A	143
24	Motherwell AC A	150
25	Kirkintilloch Olympians A	176

Posn	U13 Boys	Points
1	Giffnock North AC A	2.045
2	Giffnock North AC B	4.084
3	Victoria Park City of Glasgow AC A	6.110
4	Victoria Park City of Glasgow AC B	11.136
5	Team East Lothian A	14.154
6	Ayr Seaforth AAC A	14.161
7	Cumbernauld AAC A	17.152
8	Shettleston Harriers A	17.173
9	Harmeny B	18.167
10	Harmeny A	21.180
11	Greenock GlenPark 'A'	21.185
12	Livingston & District AAC A	21.191
13	Helensburgh AAC B	23.204
14	Stewartry AC A	29.224
15	Whitemoss AAC A	31.218
16	Shettleston Harriers B	31.219
17	Whitemoss AAC B	35.235
18	Cumbernauld AAC B	37.241
19	Helensburgh AAC A	37.243
20	Clydesdale Harriers A	37.244
21	Livingston & District AAC B	38.243
22	Ayr Seaforth AAC B	43.266
23	Clydesdale Harriers B	45.277
24	Motherwell AC A	48.332
25	Kirkintilloch Olympians A	49.358

This years	Numbers	SAIL Teams AM		U15B	# Events	Penalties	Points	Rank
1	101	Ayr Seaforth AAC A	Ayr S A	26	6	46	72	5
2	102	Ayr Seaforth AAC B	Ayr S B	30	4	92	122	16
3	103	Clydesdale Harriers A	C'dale A	16	6	46	62	4
4	104	Clydesdale Harriers B	C'dale B					
5	105	Cumbernauld AAC A	C'nauld A	73	8		73	7
6	106	Cumbernauld AAC B	C'nauld B	66	7	23	89	11
7	107	Team East Lothian A	Tm E Loth A	57	8		57	3
8	108	Team East Lothian B	Tm E Loth B	8	2	138	146	18
9	109	Giffnock North AC A	Giff N A	27	7	23	50	2
10	110	Giffnock North AC B	Giff N B	44	8		44	1
11	111	Harmeny A	Harm A	62	6	46	108	13
12	112	Harmeny B	Harm B					
13	113	Helensburgh AAC A	Helen A	58	7	23	81	9
14	114	Helensburgh AAC B	Helen B	66	6	46	112	14
15	115	Kirkintilloch Olympians A	Kirk O A	68	5	69	137	17
16	116	Kirkintilloch Olympians B	Kirk O B	46	3	115	161	19
17	117	Livingston & District AAC A	Living A	68	6	46	114	15
18	118	Livingston & District AAC B	Living B					
19	119	Motherwell AC A	Moth A	53	6	46	99	12
20	120	Motherwell BC B	Moth B					
21	121	Shettleston Harriers A	Shett A	26	6	46	72	5
22	122	Shettleston Harriers B	Shett B			184	184	22
23	123	Stewartry AC A	Stew A	35	2	138	173	20
24	124	Stewartry AC B	Stew B					
25	125	Victoria Park City of Glasgow AC A	VPCG A	74	8		74	8
26	126	Victoria Park City of Glasgow AC B	VPCG B	85	8		85	10
27	127	Whitemoss AAC A	W'moss A	18	1	161	179	21
28	128	Whitemoss AAC B	W'moss B					
		Total Teams		22				

Penalty Score		23	8	

Posn	U15 Boys	Points
1	Giffnock North AC B	44
2	Giffnock North AC A	50
3	Team East Lothian A	57
4	Clydesdale Harriers A	62
5	Ayr Seaforth AAC A	72
5	Shettleston Harriers A	72
7	Cumbernauld AAC A	73
8	Victoria Park City of Glasgow AC A	74
9	Helensburgh AAC A	81
10	Victoria Park City of Glasgow AC B	85
11	Cumbernauld AAC B	89
12	Motherwell AC A	99
13	Harmeny A	108
14	Helensburgh AAC B	112
15	Livingston & District AAC A	114
16	Ayr Seaforth AAC B	122
17	Kirkintilloch Olympians A	137
18	Team East Lothian B	146
19	Kirkintilloch Olympians B	161
20	Stewartry AC A	173
21	Whitemoss AAC A	179
22	Shettleston Harriers B	184

Posn	U15 Boys	Points
1	Giffnock North AC A	3.067
2	Team East Lothian A	5.086
3	Giffnock North AC B	7.112
4	Ayr Seaforth AAC A	8.119
5	Clydesdale Harriers A	8.121
6	Victoria Park City of Glasgow AC A	13.137
7	Cumbernauld AAC A	14.145
8	Helensburgh AAC A	17.158
9	Shettleston Harriers A	17.163
10	Cumbernauld AAC B	22.178
11	Harmeny A	22.193
12	Victoria Park City of Glasgow AC B	24.199
13	Motherwell AC A	25.211
14	Ayr Seaforth AAC B	26.210
15	Helensburgh AAC B	30.236
16	Livingston & District AAC A	30.237
17	Team East Lothian B	35.272
18	Kirkintilloch Olympians A	38.321
19	Shettleston Harriers B	40.336
20	Stewartry AC A	40.338
21	Whitemoss AAC A	40.339
22	Kirkintilloch Olympians B	40.345

This years	Numbers	SAIL Teams AM		U17M	# Events	Penalties	Points	Rank
1	101	Ayr Seaforth AAC A	Ayr S A	39	6	40	79	6
2	102	Ayr Seaforth AAC B	Ayr S B					
3	103	Clydesdale Harriers A	C'dale A	23	3	100	123	11
4	104	Clydesdale Harriers B	C'dale B					
5	105	Cumbernauld AAC A	C'nauld A	31	8		31	3
6	106	Cumbernauld AAC B	C'nauld B	16	2	120	136	15
7	107	Team East Lothian A	Tm E Loth A	49	7	20	69	5
8	108	Team East Lothian B	Tm E Loth B					
9	109	Giffnock North AC A	Giff N A	21	8		21	1
10	110	Giffnock North AC B	Giff N B	59	7	20	79	6
11	111	Harmeny A	Harm A	28	3	100	128	12
12	112	Harmeny B	Harm B					
13	113	Helensburgh AAC A	Helen A	45	5	60	105	10
14	114	Helensburgh AAC B	Helen B					
15	115	Kirkintilloch Olympians A	Kirk O A			160	160	17
16	116	Kirkintilloch Olympians B	Kirk O B					
17	117	Livingston & District AAC A	Living A	34	5	60	94	9
18	118	Livingston & District AAC B	Living B	12	2	120	132	13
19	119	Motherwell AC A	Moth A	52	6	40	92	8
20	120	Motherwell BC B	Moth B					
21	121	Shettleston Harriers A	Shett A	13	2	120	133	14
22	122	Shettleston Harriers B	Shett B			160	160	17
23	123	Stewartry AC A	Stew A			160	160	17
24	124	Stewartry AC B	Stew B					
25	125	Victoria Park City of Glasgow AC A	VPCG A	26	8		26	2
26	126	Victoria Park City of Glasgow AC B	VPCG B	26	6	40	66	4
27	127	Whitemoss AAC A	W'moss A	2	1	140	142	16
28	128	Whitemoss AAC B	W'moss B					
		Total Teams		19				

Penalty Score		20	8			

Posn	U17 Men	Points
1	Giffnock North AC A	21
2	Victoria Park City of Glasgow AC A	26
3	Cumbernauld AAC A	31
4	Victoria Park City of Glasgow AC B	66
5	Team East Lothian A	69
6	Ayr Seaforth AAC A	79
6	Giffnock North AC B	79
8	Motherwell AC A	92
9	Livingston & District AAC A	94
10	Helensburgh AAC A	105
11	Clydesdale Harriers A	123
12	Harmeny A	128
13	Livingston & District AAC B	132
14	Shettleston Harriers A	133
15	Cumbernauld AAC B	136
16	Whitemoss AAC A	142
17	Kirkintilloch Olympians A	160
17	Shettleston Harriers B	160
17	Stewartry AC A	160

Posn	U17 Men	Points
1	Giffnock North AC A	2.047
2	Cumbernauld AAC A	5.064
3	Victoria Park City of Glasgow AC A	5.076
4	Victoria Park City of Glasgow AC B	10.128
5	Team East Lothian A	10.130
6	Ayr Seaforth AAC A	13.143
7	Livingston & District AAC A	13.150
8	Giffnock North AC B	15.164
9	Helensburgh AAC A	18.186
10	Motherwell AC A	18.190
11	Livingston & District AAC B	24.236
12	Clydesdale Harriers A	25.245
13	Harmeny A	25.248
14	Cumbernauld AAC B	27.252
15	Shettleston Harriers A	30.274
16	Whitemoss AAC A	31.270
17	Kirkintilloch Olympians A	34.320
17	Shettleston Harriers B	34.320
17	Stewartry AC A	34.320

This years	Numbers	SAIL Teams AM		U20M	# Events	Penalties	Points	Rank
1	101	Ayr Seaforth AAC A	Ayr S A	25	3	85	110	9
2	102	Ayr Seaforth AAC B	Ayr S B					
3	103	Clydesdale Harriers A	C'dale A	15	2	102	117	12
4	104	Clydesdale Harriers B	C'dale B					
5	105	Cumbernauld AAC A	C'nauld A	31	8		31	2
6	106	Cumbernauld AAC B	C'nauld B	4	1	119	123	14
7	107	Team East Lothian A	Tm E Loth A	22	5	51	73	4
8	108	Team East Lothian B	Tm E Loth B					
9	109	Giffnock North AC A	Giff N A	21	8		21	1
10	110	Giffnock North AC B	Giff N B	18	3	85	103	7
11	111	Harmeny A	Harm A	17	2	102	119	13
12	112	Harmeny B	Harm B					
13	113	Helensburgh AAC A	Helen A					
14	114	Helensburgh AAC B	Helen B					
15	115	Kirkintilloch Olympians A	Kirk O A			136	136	16
16	116	Kirkintilloch Olympians B	Kirk O B					
17	117	Livingston & District AAC A	Living A	13	4	68	81	5
18	118	Livingston & District AAC B	Living B	18	4	68	86	6
19	119	Motherwell AC A	Moth A	23	3	85	108	8
20	120	Motherwell BC B	Moth B					
21	121	Shettleston Harriers A	Shett A	14	2	102	116	11
22	122	Shettleston Harriers B	Shett B					
23	123	Stewartry AC A	Stew A					
24	124	Stewartry AC B	Stew B					
25	125	Victoria Park City of Glasgow AC A	VPCG A	8	5	51	59	3
26	126	Victoria Park City of Glasgow AC B	VPCG B	8	2	102	110	9
27	127	Whitemoss AAC A	W'moss A	7	1	119	126	15
28	128	Whitemoss AAC B	W'moss B					
		Total Teams		16				

		Penalty Score		17	8			

Posn	U20 Men	Points
1	Giffnock North AC A	21
2	Cumbernauld AAC A	31
3	Victoria Park City of Glasgow AC A	59
4	Team East Lothian A	73
5	Livingston & District AAC A	81
6	Livingston & District AAC B	86
7	Giffnock North AC B	103
8	Motherwell AC A	108
9	Ayr Seaforth AAC A	110
9	Victoria Park City of Glasgow AC B	110
11	Shettleston Harriers A	116
12	Clydesdale Harriers A	117
13	Harmeny A	119
14	Cumbernauld AAC B	123
15	Whitemoss AAC A	126
16	Kirkintilloch Olympians A	136

Posn	U20 Men	Points
1	Cumbernauld AAC A	3.068
2	Giffnock North AC A	4.068
3	Team East Lothian A	6.118
4	Victoria Park City of Glasgow AC A	8.113
5	Livingston & District AAC A	11.158
6	Livingston & District AAC B	15.183
7	Motherwell AC A	15.191
8	Clydesdale Harriers A	16.169
9	Victoria Park City of Glasgow AC B	17.205
10	Giffnock North AC B	21.239
11	Ayr Seaforth AAC A	22.240
12	Cumbernauld AAC B	24.226
13	Harmeny A	24.228
14	Shettleston Harriers A	25.252
15	Whitemoss AAC A	27.240
16	Kirkintilloch Olympians A	30.272